

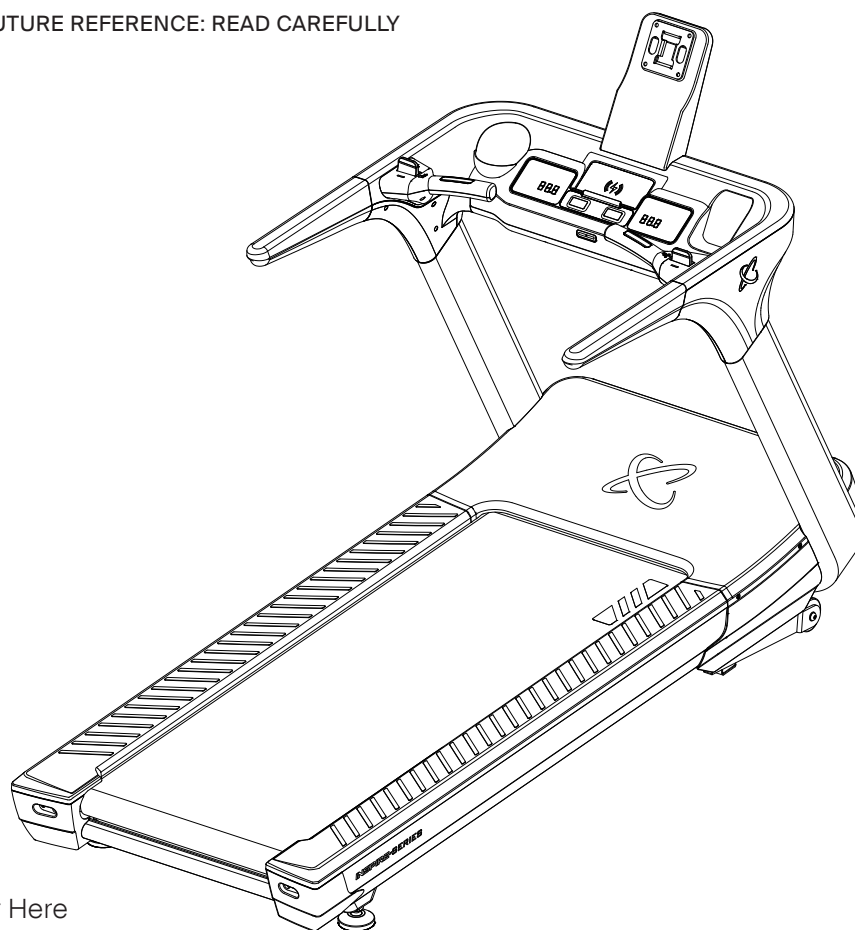


Model: T7B-110.1
T7B-220.1

USER MANUAL

CENTR INSPIRE SERIES T7 & T7S

IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY



Record Serial Number Here

MADE IN CHINA
80305-EN-V2024-12-12

WELCOME

Welcome to Centr and thanks for your purchase. We're happy to have you. Please inspect your product and contact us right away if anything is missing or damaged.

Your equipment also comes with access to Centr's digital membership, unlocking tools that will fuel your active lifestyle and well-being. The Centr wellness system aligns your movement, meals and mind with expert-led programs and advice made to work together to deliver you the best results and lifelong healthy habits. Get moving with limitless ways to fuel your routine and reach your goals!

NEED HELP? WE'RE HERE FOR YOU.

US CUSTOMERS

If you have questions or issues with your equipment, please contact our US Customer Service team. Support is provided in English and Spanish.



EMAIL

hello@centr.com



PHONE

877-738-1729 (US Only)

+1 714-738-1729 (Global)

Mon-Fri 8am-5pm PT - UTC-7h/8

Support is provided in English and Spanish

GLOBAL CUSTOMERS (OUTSIDE OF US)

If you have any questions or issues with your equipment, please contact the store where your purchase was made.

PRODUCT WARRANTY

To view full warranty details, or to register your product for warranty, visit **centr.com/support**

AUSTRALIA

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Our goods and services come with guarantees that cannot be excluded under the Australian Consumer Law. For major failures with the service, you are entitled:

- to cancel your service contract with us; and
- to a refund for the unused portion, or to compensation for its reduced value.

You are also entitled to choose a refund or replacement for major failures with goods. If a failure with the goods or a service does not amount to a major failure, you are entitled to have the failure rectified in a reasonable time. If this is not done you are entitled to a refund for the goods and to cancel the contract for the service and obtain a refund of any unused portion. You are also entitled to be compensated for any other reasonably foreseeable loss or damage from a failure in the goods or service.

TABLE OF CONTENTS

PRODUCT WARRANTY.....	3
IMPORTANT SAFETY INSTRUCTIONS.....	6
WARNING AND SERIAL NUMBER LABELS.....	8
USE OF SAFETY KEY.....	10
GROUNDING INSTRUCTIONS (FOR 110V MACHINES).....	11
GROUNDING INSTRUCTIONS (FOR 220V MACHINES).....	12
HARDWARE PACK.....	13
ASSEMBLY.....	14
FEATURES OVERVIEW.....	23
MOVING INSTRUCTIONS.....	27
MAINTENANCE AND CARE.....	28
ADJUSTING THE RUNNING BELT.....	29
LUBRICATING THE RUNNING BELT	30
TROUBLESHOOTING.....	31

IMPORTANT SAFETY INSTRUCTIONS



This icon is to alert of a potential hazard. Obey all safety messages that follow this icon to avoid possible harm.

SAVE THESE INSTRUCTIONS

This treadmill is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or operate your machine. Please note the following safety precautions:

WARNING

Before using this treadmill, all users must read, understand, and carefully follow all warnings, instructions, and procedures on the treadmill and in this User Manual.

DANGER

To reduce the risk of electric shock and the injury from moving parts, always unplug this treadmill from the electrical outlet immediately after using and before cleaning or attempting any maintenance activity.

WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

1. Consult your physician before beginning any exercise program.
2. The treadmill should never be left unattended when plugged in. Unplug from outlet when not in use, and before service or maintenance.
3. DO NOT operate the treadmill while being covered with a blanket, plastic or anything that insulates or stops airflow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
4. Always keep children under the age of 14 and pets away from the treadmill. DO NOT leave children unattended in the same room with the treadmill.
5. Only one person at a time should use the treadmill.
6. Use the treadmill only for its intended use as described in this manual. DO NOT use attachments not recommended by Centr.
7. Never operate the treadmill if it has a damaged power cord or electrical plug, if it is not working properly, if it has been dropped or damaged, or partially immersed in water. Contact Centr customer service.
8. Keep the power cord away from heated surfaces. Do not pull the treadmill by the power cord or use the cord as a handle. Do not run the power cord under or along the side of the treadmill.
9. Never operate the treadmill with the air openings blocked. Keep air openings free of lint, hair or any obstructing material.
10. Never insert objects into any openings in this treadmill. If an object should drop inside, turn off the power, unplug the power cord from the outlet and carefully retrieve it. If the item cannot be reached, contact Centr customer service.
11. Do not use this treadmill outdoors, near water, while wet, or in areas of high humidity.
12. Do not use this treadmill in areas where aerosol spray products are being used or where oxygen is being administered. Such substances create the danger of combustion and explosion.
13. To disconnect, turn power OFF at the ON/OFF switch, then remove plug from electrical outlet.
14. Connect this treadmill to a properly grounded outlet only. See Grounding Instructions, page 11.
15. If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.

IMPORTANT SAFETY INSTRUCTIONS

16. This treadmill is intended for consumer home use only. Do not exceed maximum user weight of 350 lbs (159 kg).
17. Inspect the treadmill for incorrect, worn, or loose components and then correct, replace, or tighten prior to use.
18. Always wear appropriate workout clothing when exercising. DO NOT wear robes or other loose clothing that could become caught in the treadmill. Running or training shoes are also required when using the treadmill.
19. Care should be used when mounting or dismounting the treadmill.
20. Read, understand, and test the emergency stop procedures before use.
21. Keep hands away from all moving parts.
22. Keep the top side of the moving surface clean and dry.
23. Disabled persons should not use the machine without a qualified person or physician in attendance.
24. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 14 away from this machine.
25. Before using the machine to exercise, always do stretching exercises to properly warm up.
26. Position the treadmill on a solid level surface, and do not block any openings or vents in the floor.
27. DO NOT place any sharp objects around the machine.
28. Remove the safety key and the power cord from the treadmill when not in use, and safely store out of reach of children.

WARNING

BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. Centr, LLC. DOES NOT ASSUME ANY RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.

WARNING AND SERIAL NUMBER LABELS

⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG

HEART RATE MONITOR MAY BE INACCURATE. STOP IMMEDIATELY IF YOU FEEL FAINT.
LE MONITEUR DE FRÉQUENCE CARDIAQUE PEUT ÊTRE IMPRÉCIS. EN CAS DE MALAISE, ARRÊTER IMMÉDIATEMENT.
SE PUEDE QUE LOS DATOS DEL MONITOR DE FRECUENCIA CARDÍACA SEAN INCORRECTOS. DE SENTIRSE MAREADO, DETÉNGASE DE INMEDIATO.
DAS HERZFREQUENZ-ÜBERWACHUNGSSYSTEM KANN UNGENAU SEIN. BEI SCHWIMDEL- ODER SCHWÄCHEGEBÜHL DAS TRAINING SOFORT
ABBRECHEN.

80427-V2024-12-03

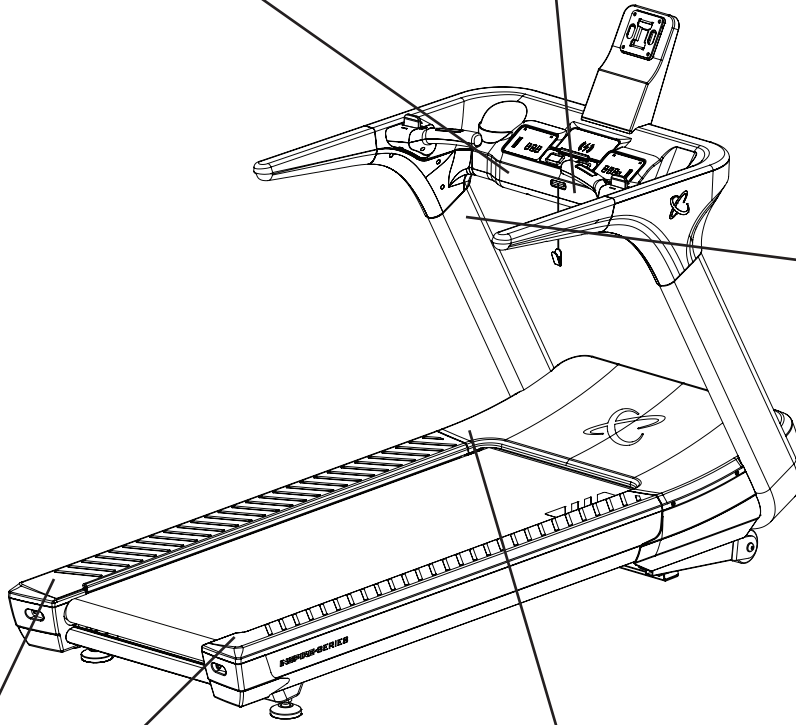
⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG

ATTACH THE SAFETY CLIP TO YOUR CLOTHING DURING USE.
ATTACHER LA PINCE DE SÛRETÉ À SES VÊTEMENTS PENDANT L'UTILISATION.
FIJE EL CLIP DEL INTERRUPTOR A SU PRENDA DURANTE EL USO.
BEFESTIGEN SIE DEN SICHERHEITSCIP AN IHRER KLEIDUNG BEVOR SIE MIT DEM
TRAINING BEGINNEN.

MAXIMUM USER WEIGHT
POIDS UTILISATEUR MAXIMAL
PESO MÁXIMO DE USUARIO
MAXIMALES BENUTZERGEWICHT

**159 kg /
350 lb**

80311-V2024-12-03



⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG

RISK OF PERSONAL INJURY. CHILDREN UNDER 14 SHOULD NOT USE
THIS MACHINE.
RISQUE DE BLESSURE. LES ENFANTS DE MOINS DE 14 ANS NE
DEVRAIENT PAS UTILISER L'APPAREIL.
RIESGO DE LESIONES PERSONALES. LOS NIÑOS NO DEBEN USAR LA
MAQUINA.
VERLETZUNGSGEFAHR. KINDER UNTER 14 JAHREN DÜRFEN DIESES
GERÄT NICHT BENUTZEN.

80358-V2024-11-27



KEEP HANDS AWAY FROM THE REAR END CAP AND ROLLER.
/ TENIR LES MAINS ÉLOIGNÉES DE L'EMBOÛT ARRIÈRE ET
DU ROULEAU. / MANTENGA LAS MANOS LEJOS DE LA
PARTE TRASERA Y LA CINTA. / BITTE HALTEN SIE DIE
HÄNDE VON DEN ENDKAPPEN UND DEN LAUFROLLEN FERN.



DO NOT STAND ON REAR END CAPS. ALWAYS WEAR SHOES
WHILE USING THE TREADMILL. / NE PAS MONTER SUR LES
EMBOÛTS ARRIÈRE. TOUJOURS PORTER DES CHAUSSURES
LORS DE L'UTILISATION DU TAPIS ROULANT. / NO SE PARE
SOBRE LOS EXTREMOS. SIEMPRE USE ZAPATOS AL
CORRER SOBRE LA CINTA. / DIE ENDKAPPEN NICHT
BETRETEN. BEI BENÜTZUNG DES LAUFBANDS SIND IMMER
SCHUHE ZU TRAGEN.

80354-V2024-12-09

TO ADJUST RUNNING BELT USE ALLEN WRENCH. /
POUR AJUSTER LA BANDE DE COURSE, UTILISER UNE
CLÉ HEXAGONALE. / USE LA LLAVE HEXAGONAL PARA
AJUSTAR LA CINTA DE CORRER. / FÜR DAS EINSTELLEN
DES LAUFGURTES DEN INBUSSCHLÜSSEL VERWENDEN.

LOOSEN / DESSERRER /
AFLOJAR / LOCKERN

TIGHTEN / SERRER /
APRETAR / SPANNEN

80357-V2024-11-27

⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG

KEEP YOUNG CHILDREN AWAY FROM THIS MACHINE AT
ALL TIMES. CONTACT WITH THE MOVING SURFACE MAY
RESULT IN SEVERE FRICTION BURNS.

GARDEZ LES JEUNES ENFANTS ÉLOIGNÉS DE CETTE
MACHINE À TOUT MOMENT. LE CONTACT AVEC LA
SURFACE EN MOUVEMENT PEUT PROVOQUER DE GRAVES
BRÛLURES PAR FRICTION.

MANTENGA A LOS NIÑOS PEQUEÑOS ALEJADOS DE ESTA
MÁQUINA EN TODO MOMENTO. EL CONTACTO CON LA
SUPERFICIE EN MOVIL PUEDE RESULTAR EN
QUEMADURAS GRAVES POR FRICCIÓN.

HALTEN SIE KLEINE KINDER STETS VON DIESER
MASCHINE FERN. DER KONTAKT MIT DER BEWEGLICHEN
OBERFLÄCHE KANN ZU SCHWEREN
REIBUNGSVERBRENUNGEN FÜHREN.

80428-V2024-12-10

⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG

THE POSSIBILITY OF SERIOUS INJURIES OR
DEATH MAY OCCUR IF CAUTION IS NOT USED.
ENSURE SAFETY BY FOLLOWING THESE
GUIDELINES:

LA PRUDENCE EST DE MISE, SANS QUI DES
BLESSURES GRAVES OU DE DÉCÈS PEUVENT
SURVENIR. POUR ASSURER LA SÉCURITÉ :
SI NO TIENE CUIDADO, EXISTE LA POSIBILIDAD
DE QUE SUERAN LESIONES GRAVES O LA MUERTE.
PRESE EN SEGURO, SIGA LAS LINEAS DE
INSTRUCCIONES:

BITTE SICHERN SIE DEN PACKQUIT, BEVOR SIE
DAS NICHT MONTERTE LAUFBAND BEWEGEN.
DAS LAUFBAND NICHT ANHEBEN, OHNE DAS
LAUFRECK UND DEN UNTERBREMSEN MIT DEM
PACKQUIT ZU SICHERN. NICHTBEACHTUNG
KANN ZU VERLETZUNGEN FÜHREN.

CONSULT A PHYSICIAN BEFORE USING ANY
EXERCISE EQUIPMENT.

CONSULTER UN MÉDECIN AVANT D'UTILISER UN
APPAREIL D'EXERCICE.

CONSULTE CON UN MÉDICO ANTES DE USAR
CUALQUIER EQUIPO DE EJERCICIO.

SPRECHEN SIE MIT EINEM ARZT, BEVOR SIE
TRAININGSGERÄTE BENÜTZEN.

PRIOR TO USE, READ AND UNDERSTAND THE
OWNER'S MANUAL, INCLUDING ALL WARNINGS.

AVANT D'UTILISER L'APPAREIL, LIRE ET
COMPRENDRE LE MODE D'EMPLOI, Y COMPRIS
TOUS LES AVERTISSEMENTS.

LEA ATENTAMENTE EL MANUAL DEL PROPIETARIO,
INCLUIDO LAS ADVERTENCIAS, ANTES DEL USO.

VOR DER ERSTEN ANWENDUNG LESEN SIE DIE
SICHERHEITSHINWEISE UND DIE
BENÜTZUNGSANLEITUNG SORGFÄLTIG DURCH.

KEEP CHILDREN AND PETS AWAY
FROM THIS EQUIPMENT AT ALL
TIMES. IT IS NOT INTENDED FOR
USE BY ANYONE UNDER 14 YEARS
OF AGE.

TENIR LES ENFANTS ET LES ANIMAUX À L'ÉCART
DE L'APPAREIL EN TOUT TEMPS. CE DÉRIEN
N'EST PAS DESTINÉ À DES PERSONNES DE MOINS
DE 14 ANS.

SIEMPRE MANTENGA ALEJADOS A LOS NIÑOS Y
LAS MASCOTAS EL EQUIPO NO DEBE SER USADO
POR PERSONAS MENORES DE 14 AÑOS.

NICHT ZULASSEN, DASS KINDER ODER HAUSTIERE
DAS GERÄT UNBEACHTET NUTZEN. ES IST
NICHT FÜR PERSONEN UNTER 14 JAHREN
BESTIMMT.

DISCONNECT THE EMERGENCY KEY AND STORE
THE POWER CORD SEPARATELY WHEN NOT IN USE.

DÉBRANCHEZ LA CLÉ DE SECOURS ET RANGÉZ LE
CORDON D'ALIMENTATION SÉPARÉMENT
LORSQU'IL N'EST PAS UTILISÉ.

DESCONECTE LA LLAVE DE EMERGENCIA Y GUARDE
EL CABLE DE ALIMENTACIÓN POR SEPARADO
CUANDO NO ESTÉ EN USO.

ZIEHEN SIE DEN NOTSCHLÜSSEL AB UND
BEWAHREN SIE DAS NETZKABEL BEI
NICHTGEBRAUCH SEPARAT AUF.

STAND ONLY ON SIDE RAILS WHEN STARTING OR
STOPPING.

SE TENIR SUR LES RAILS LATÉRAUX SEULEMENT AU
DÉMARRAGE OU À L'ARRÊT.

SIEMPRE PONGA LOS PIES EN LOS CARRILES
LATERALES ANTES DE ENCENDER O PARAR LA
CINTA DE CORRER.

BEIM STARTEN UND STOPPEN BITTE NUR AUF DEN
BEIDEN SEITLICHEN TRITTFÄCHEN STEHEN.

REPLACE ANY "CAUTION," "WARNING," OR
"DANGER" LABEL THAT IS ILLEGIBLE, DAMAGED, OR
MISSING.

REEMPLACER TOUTE ÉTIQUETTE "ATTENTION",
"AVERTISSEMENT" O "DANGER" ILISIBLE,
ENDOMMAGÉE OU MANQUANTE.

REEMPLAZA CUALQUIER ETIQUETA DE
"ADVERTENCIA", "ATENCIÓN" O "PELIGRO"
QUE ESTE DAÑADA, FALTANDO O QUE
SEA ILLEGIBLE.

BITTE ERSETZEN SIE ALLE UNLESERLICHEN,
BESCHÄDIGTEN ODER FEHLENDEN WARNUNGS-
MIT DEN AUFSCHRIFTEN "ACHTUNG", "WARNUNG"
UND "GEBÄHR".

HOLD HANDRAILS TO PREVENT FALLS AND ALWAYS
WEAR THE SAFETY CLIP.

TENIR LES MAINS COURANTES POUR ÉVITER LES
CHUTES ET PORTER LA PINCE DE SÛRETÉ EN TOUT
TEMPS.

AGARRAR EL PASAMANOS PARA EVITAR UNA CAÍDA Y
SIEMPRE SUJETAR EL CLIP DEL INTERRUPTOR DE
SEGURIDAD EN SU ROPA.

HALTEN SIE DAS GELÄNDER FEST, UM STÜRZE ZU
VERMEIDEN UND TRAGEN SIE IMMER DEN
SICHERHEITSCIP.

STOP IF FEELING FAINT, DIZZY OR SHORT OF
BREATH.

S'ARRÊTER EN CAS DE FAIBLESSE,
D'ÉTOURDISSEMENT O D'ESSOUFFLEMENT.

DEJE DE CORRER SI SIENTE DESMAYO, MAREO O
FALTA DE AIRE.

BEI SCHWIMDEL, SCHWÄCHE ODER KURZATMEKEIT
DAS TRAINING SOFORT ABBRECHEN.

AVOID OVEREXERCISE TO PREVENT INJURY OR
DEATH.

POUR PRÉVENIR LES BLESSURES OU LA MORT,
ÉVITER LES EFFORTS EXCESSIFS.

PARA EVITAR LESIONES Y HASTA LA MUERTE, NO
HAGA UN ESFUERZO EXCESIVO.

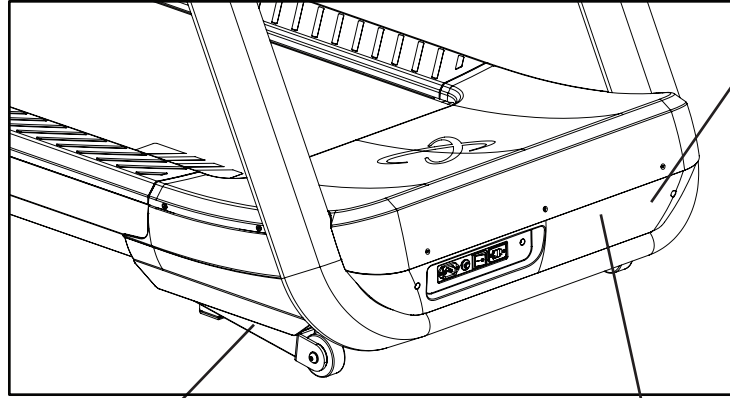
ÜBERMÄßIGE ANSTRENGUNG KANN ZU SCHWEREN
VERLETZUNGEN ODER Sogar ZUM TOD FÜHREN.

FOR CONSUMER USE ONLY.
RESERVE AU CONSOMMATEUR UNIQUEMENT.

PARA USO DEL CONSUMIDOR ÚNICAMENTE. NO
FÜR DEN PRIVATGEBRAUCH.

80341-V2024-12-03

HOME USE TREADMILL - For Consumer/Use Only. TAPIS ROULANT À USAGE DOMESTIQUE. Pour usage grand public uniquement. CINTA DE CORRER PARA USO DOMESTICO. Solo para uso del consumidor. LAUFBAND FÜR DEN HEIMGEBRAUCH. Nur für den privaten Gebrauch.		Manufacturer / Fabricant / Fabricante / Hersteller		HEALTH IN MOTION LLC	
FCC ID: 2A006-WLT8016		IC ID: 26141-WLT8016		3300 Horseshoe Carriage Drive, Norco, CA 92860	
NO MEDICAL TREATMENT PURPOSE! Made in China. AUCUN BUT DE TRAITEMENT MEDICAL ! Fabriqué en Chine. (SIN PROPOSITO DE TRATAMIENTO MEDICO) Hecho en China. KEIN MEDIZINSCHER BEHANDLUNGSZWECK! Hergestellt in China.		Address / Adresse / Dirección / Adresse		+1 714-738-1729	
Model / Modèle / Modelo / Modell		T7B-XXX.1		Voltage / Tension / Voltage / Stromspannung	
Load / Charger / Carga / Lasten		159KG		Frequency / Freqüence / Frecuencia / Frequenz	
Class / Classe / Class / Klasse		HB		Power / Pouvoir / Fuerza / Leistung	
SERIAL NO. NO DE SERIE N.º DE SERIE SERIENN		XXXX.X-XXX-X-XX-XX-XXXXXX		XX0 V XX0Hz XX00W	



⚠ CAUTION / ATTENTION / CUIDADO / VORSICHT
KEEP HANDS AND FEET AWAY WHILE TREADMILL IS RUNNING.
TENIR LES PIEDS ET LES MAINS ÉLOIGNÉS LORSQUE LE TAPIS ROULANT EST EN MARCHÉ.
MANTENGA LAS MANOS Y LOS PIES ALEJADOS AL USAR LA CINTA DE CORRER.
HALTEN SIE IHRE HÄNDE UND FÜßE FERN, WENN SICH DER LAUFGURT BEWEGT.

80310-V2024-11-27

⚠ WARNING / AVERTISSEMENT / ADVERTENCIA / WARNUNG
TO REDUCE THE RISK OF ELECTRIC SHOCK, UNPLUG THE MACHINE BEFORE CLEANING OR SERVICING.
POUR RÉDUIRE LE RISQUE DE DÉCHARGE ÉLECTRIQUE, DÉBRANCHEZ LA MACHINE AVANT LE NETTOYAGE OU L'ENTRETIEN.
PARA REDUCIR EL RIESGO DE DESCARGA ELÉCTRICA, DESENCHUFE LA MÁQUINA ANTES DE LIMPIARLA O REALIZARLE MANTENIMIENTO.
UM DAS RISIKO EINES STROMSCHLAGS ZU VERRINGERN, ZIEHEN SIE VOR DER REINIGUNG ODER WARTUNG DEN STECKER AUS DER MASCHINE.

80419-V2024-11-22



**⚠ WARNING
AVERTISSEMENT
ADVERTENCIA
WARNUNG**

CONTACT MAY CAUSE
ELECTRICAL SHOCK OR
BURNS. TURN OFF POWER
AND UNPLUG BEFORE
SERVICING.
LE CONTACT PRÉSENTE UN
RISQUE D'ÉLECTROCUTION OU
DE BRÛLURE. ÉTEINDRE ET
DÉBRANCHER L'APPAREIL
AVANT L'ENTRETIEN.
EL CONTACTO PUEDE CAUSAR
DESCARGAS ELÉCTRICAS O
QUEMADURAS. APAGUE Y
DESENCHUFE ANTES DEL
MANTENIMIENTO.
BEI BERÜHRUNG BESTEHT
EINE STROMSCHLAG- ODER
VERBRENNUNGSGEFAHR. VOR
WARTUNGSARBEITEN DAS
LAUFBAND AUSSCHALTEN
UND DAS NETZKABEL AUS
DER STECKDOSE ZIEHEN.



80309-V2024-11-27

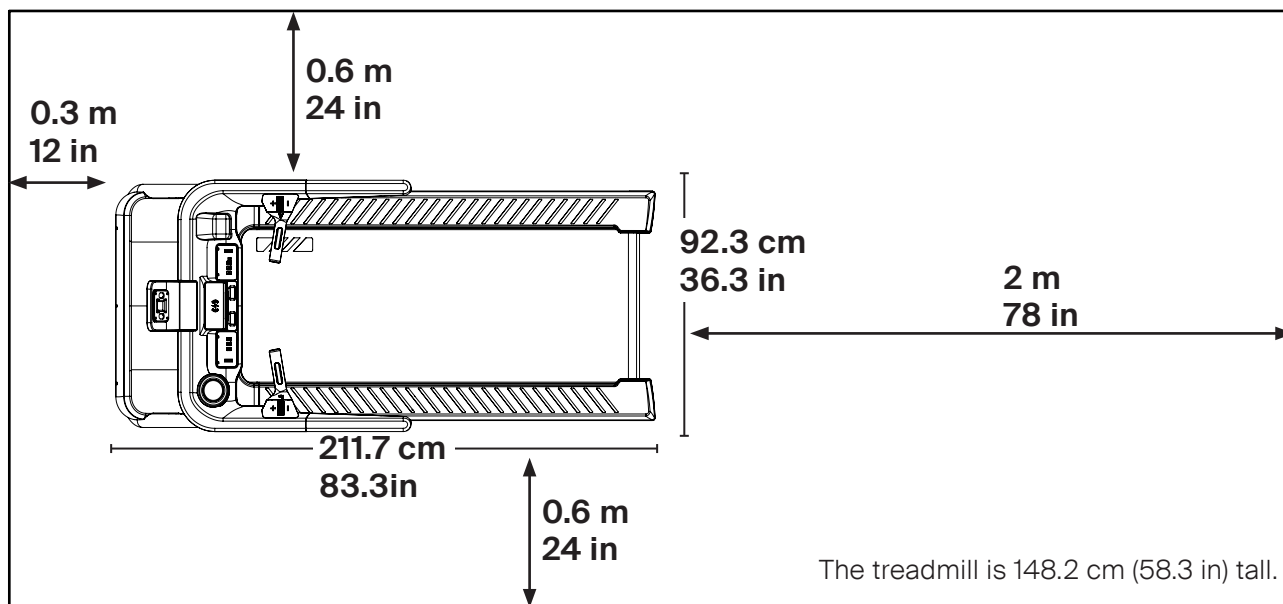
-Attached to Power Cord

SPACE REQUIREMENTS

This treadmill requires a minimum amount of floor space to safely operate. Keep a minimum open area of 2 m (78 in) behind the treadmill, and 0.6 m (24 in) on both sides. A space of 0.3 m (12 in) in the front is recommended for access to the power cord and switch.

Total Surface Area (footprint) of machine: 19,540 cm²

Weight of machine: T7 - 164.1 kg (361.8 lbs)
T7S - 164.9 kg (363.5 lbs)

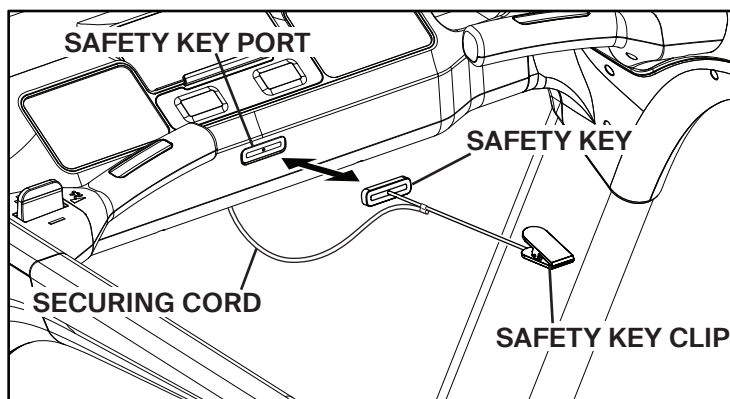


USE OF SAFETY KEY

This treadmill is designed with a removable Safety Key. If the Safety Key is not set into the Safety Key Port, the treadmill will not operate and will display “Please Reinsert the Safety Key”. The console display will reset once the Safety Key is set into the Safety Key Port.

WARNING

During a workout, attach the Safety Key Red Clip to the clothing directly in front of the Safety Key. In case of emergency, remove the Safety Key to immediately stop the belt and shut off the treadmill.



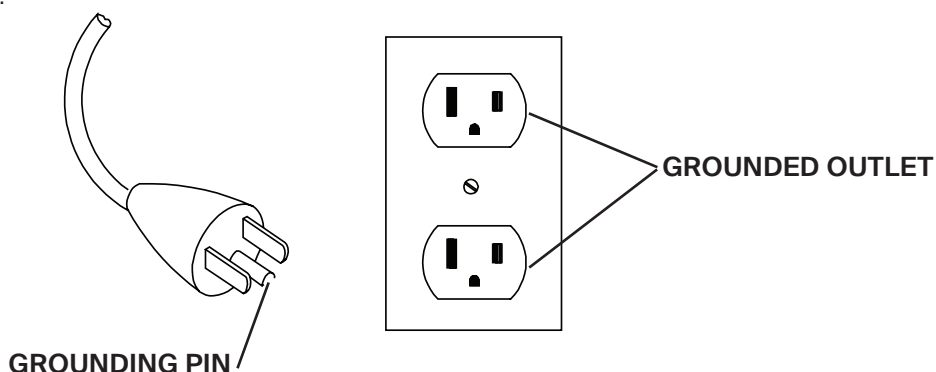
A securing cord fastens the Safety Key to the machine. The screw that fastens the securing cord can be removed to store the Safety Key away from the machine.

GROUNDING INSTRUCTIONS (FOR 110V MACHINES)

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This treadmill is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER

Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the treadmill, if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

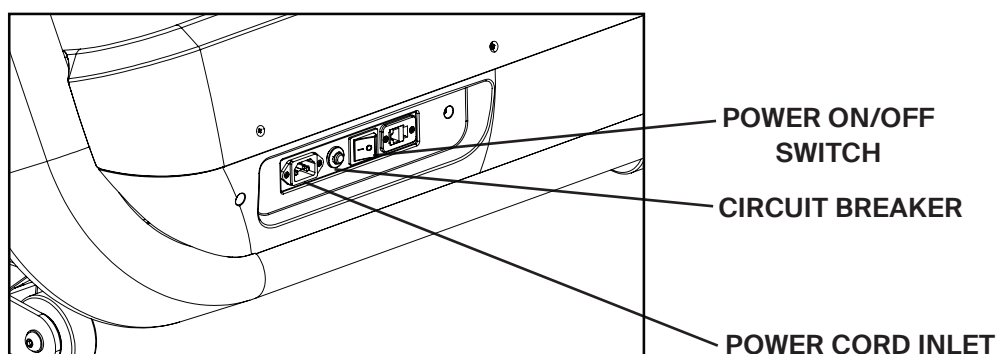


This treadmill is intended for use on a nominal 120V circuit and has a grounding plug that looks like the plug illustrated above. Make sure the treadmill is connected to an outlet that has the same configuration as the plug. **No extension cord or adapter should be used for this treadmill.**

POWER REQUIREMENTS (FOR 110V MACHINES)

WARNING

1. This treadmill requires a power source of 15 Amps (120V) in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging in the treadmill. Any power source above or below this grade could cause significant damage to the treadmill and or user.
2. Never use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill, including the elevation mechanism and transport wheels.
3. Never operate the treadmill using a generator or UPS power supply.
4. Never remove any cover without first disconnecting AC power.

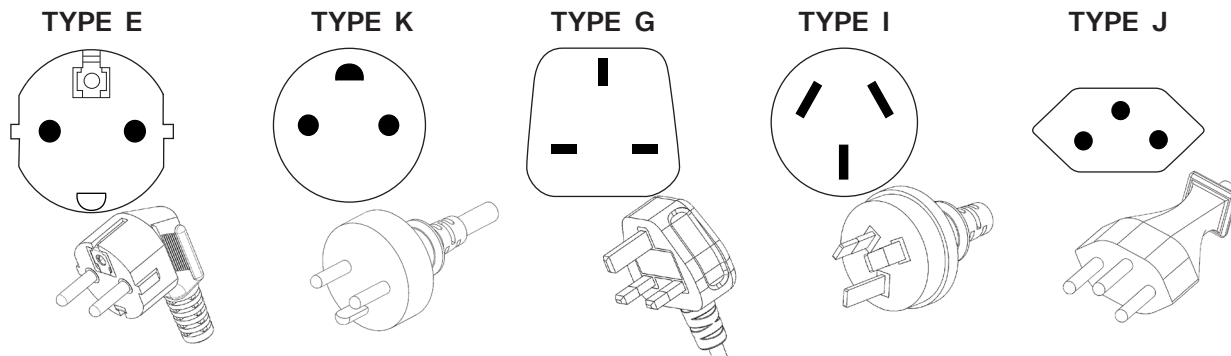


GROUNDING INSTRUCTIONS (FOR 220V MACHINES)

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This treadmill is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER

Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the treadmill, if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

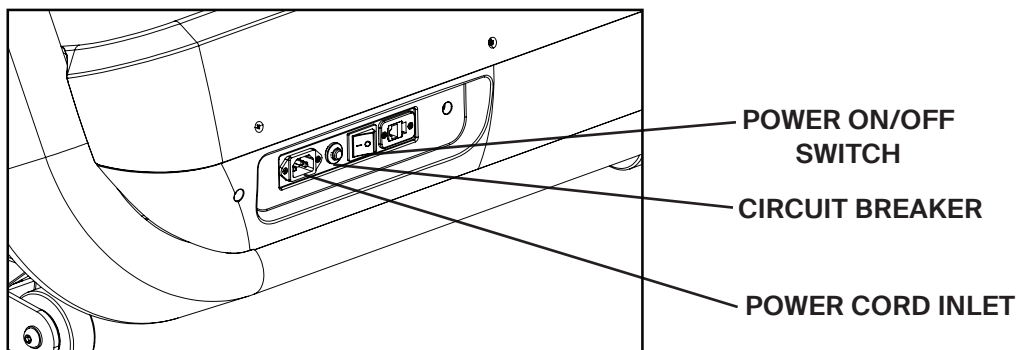


This treadmill is intended for use on a nominal 220V circuit and has a plug that looks like one of the plugs illustrated above (depending on your region). Make sure the treadmill is connected to an outlet have the same configuration as the plug. No extension cord or adapter should be used for this treadmill.

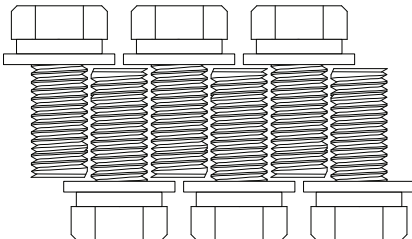
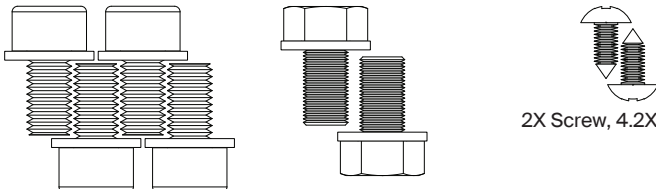
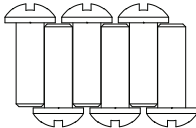
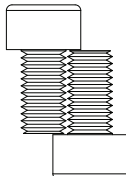
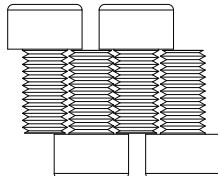
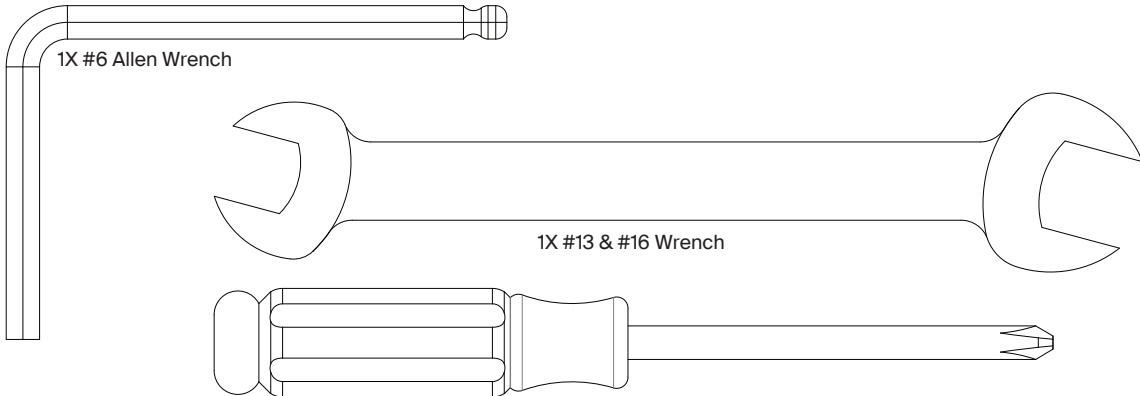
POWER REQUIREMENTS (FOR 220V MACHINES)

WARNING

1. This treadmill requires a power source of 10 Amps (220V) in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging in the treadmill. Any power source above or below this grade could cause significant damage to the treadmill and or user.
2. Never use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill, including the elevation mechanism and transport wheels.
3. Never operate the treadmill using a generator or UPS power supply.
4. Never remove any cover without first disconnecting AC power.



HARDWARE PACK (NOT TO SCALE)

HARDWARE			
STEP 2  6X Bolt, M10X25 (14) 6X Lock Washer, 10 (15) 6X Washer, 10 (16)		STEP 3  4X Bolt, M8X15 (17) 4X Washer, 8 (19) 2X Bolt, M8X15 (18) 2X Washer, 8 (19) 2X Screw, 4.2X10 (20)	
STEP 5  6X Screw, M5X15 (21)	STEP 8  2X Bolt, M8X15 (17)	STEP A  4X Bolt, M8X15 (17)	
 1X #6 Allen Wrench 1X #13 & #16 Wrench 1X Phillips screwdriver			
80319-EN-V2024-11-26			

80319-EN-V2024-11-26

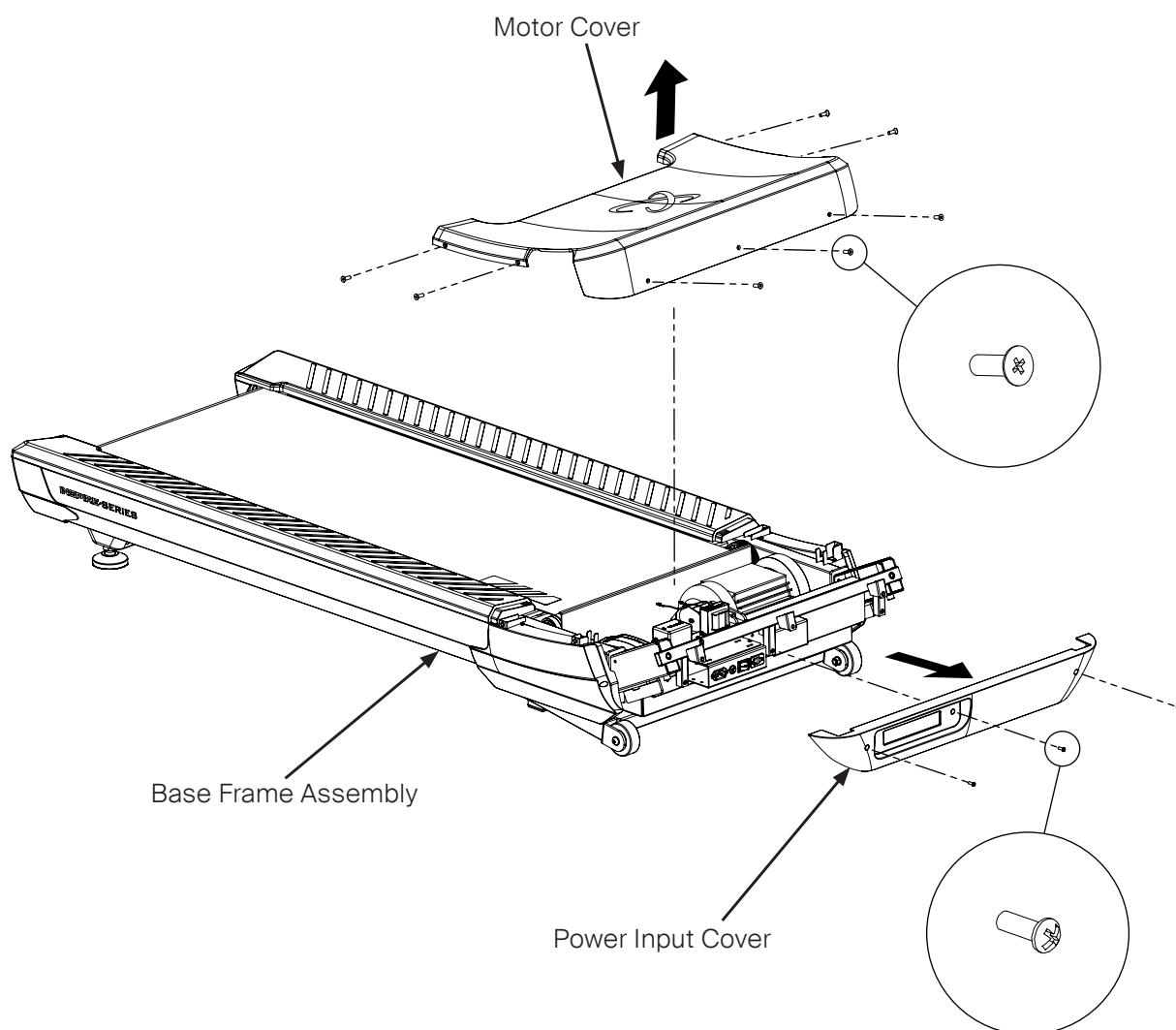
ASSEMBLY

NOTE: PLEASE REMOVE NUT AND WASHER FROM BOLT, PRIOR TO ASSEMBLING.

WARNING

It is recommended to have at least 2 people for unboxing and assembling the treadmill. Some parts of the treadmill may require two or more people to move depending on their physical abilities. Be sure that you and others are all physically fit and able to safely move the machine.

STEP 1 - Remove the indicated hardware from the **Motor Cover** and then the **Power Input Cover** from the **Base Frame Assembly**. Safely place the parts along with their hardware outside of the assembly area.

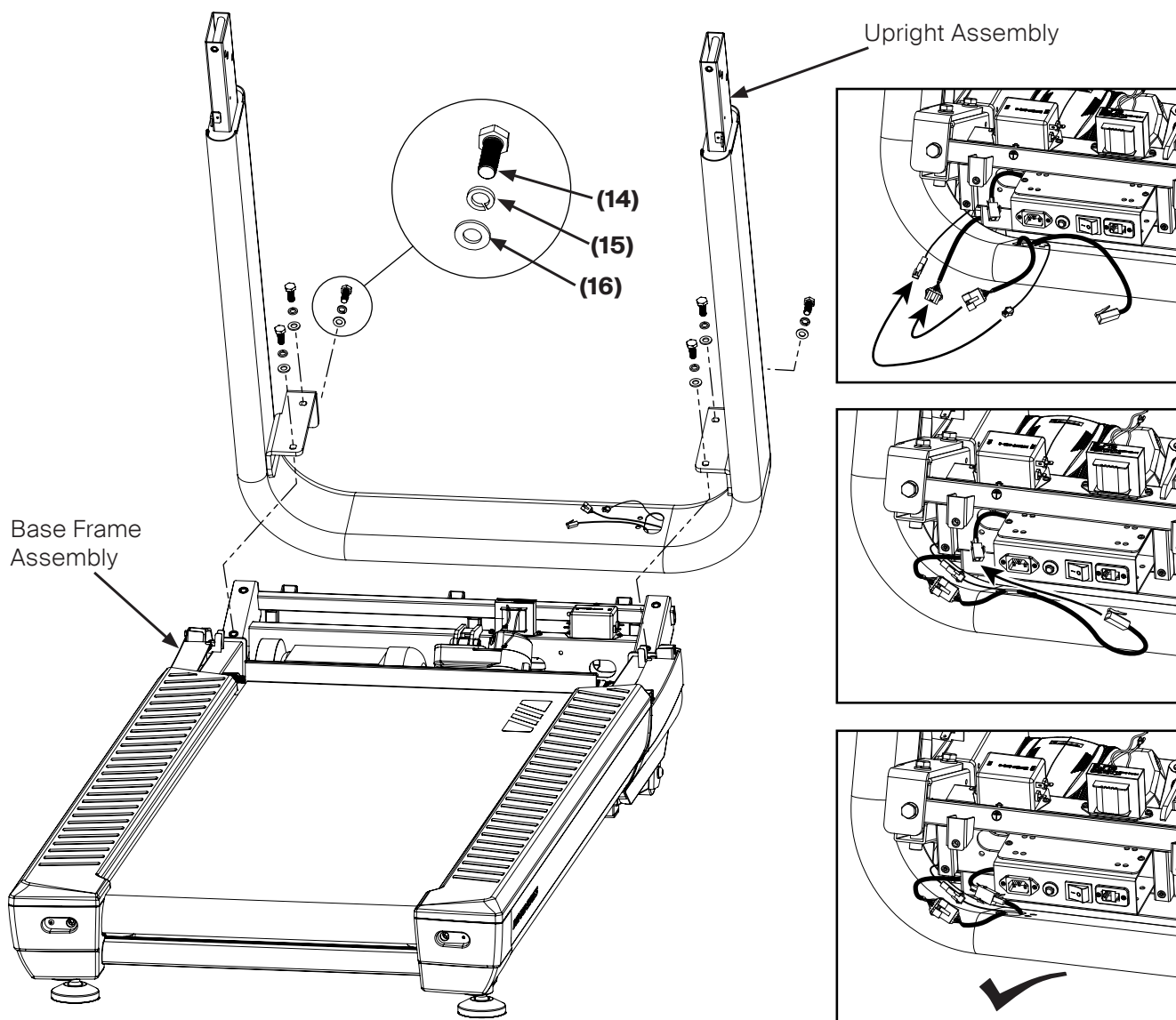


STEP 2 - Attach the **Upright Assembly** to the **Base Frame Assembly**. Be sure not to crimp or cut the Cables. **DO NOT FULLY TIGHTEN THE HARDWARE UNTIL INSTRUCTED.** Once attached, connect the Cables from the **Upright Assembly** to the **Base Frame Assembly**.

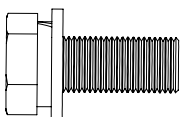
WARNING

Be sure to keep fingers away when placing the **Upright Assembly** onto the **Base Frame Assembly**. Do not pinch any fingers.

NOTE: It is recommended to have at least 2 people for this step. Only touch the Cables that need to be connected or damage to the machine could occur.



HARDWARE REQUIRED:



6X BOLT, M10X25 (14)

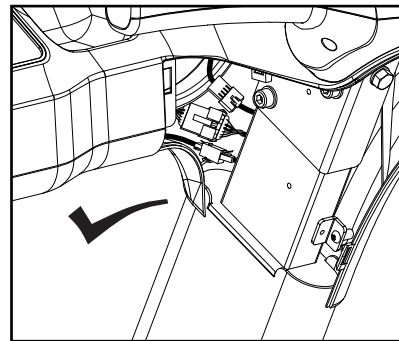
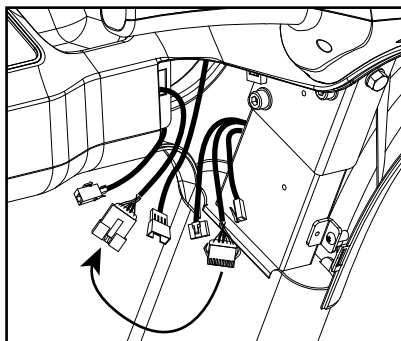
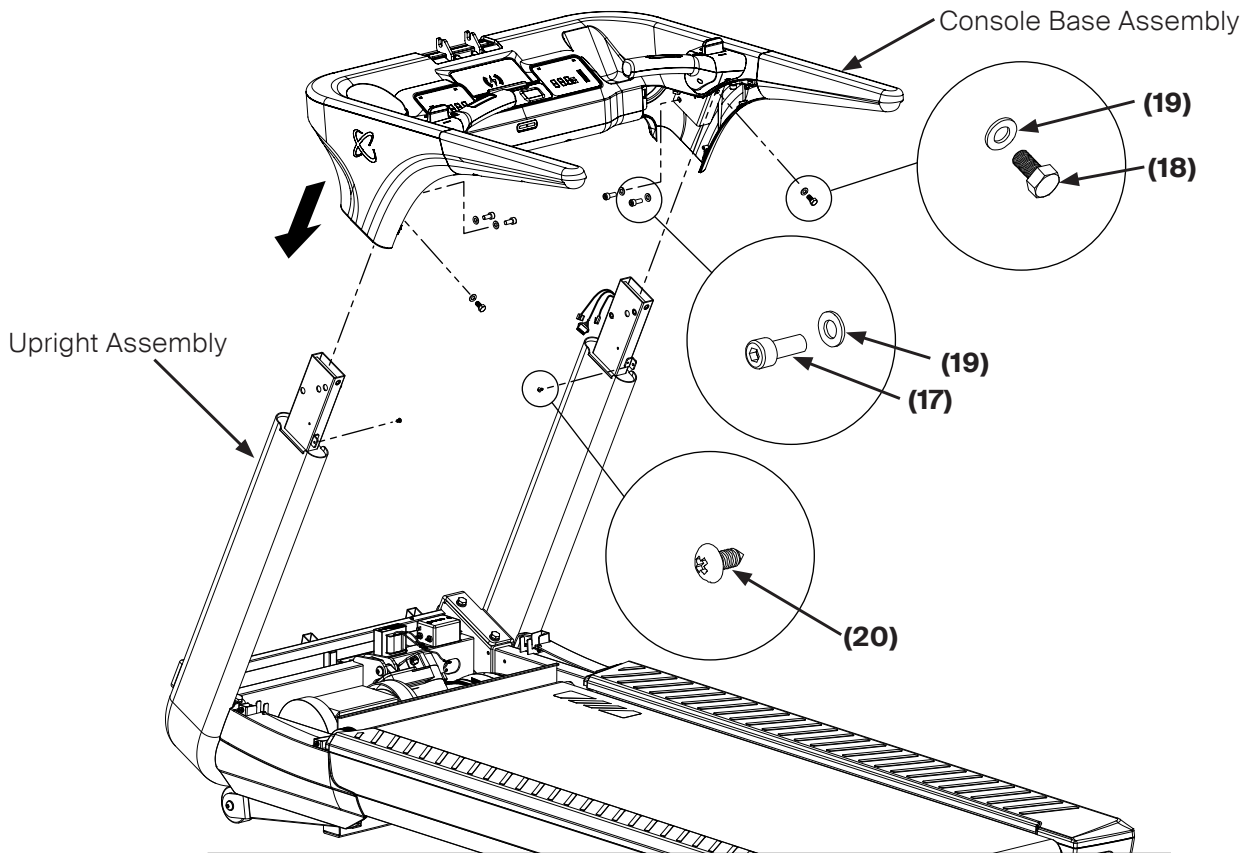
6X WASHER, 10, LOCK (15)

6X WASHER, FLAT, 10 (16)

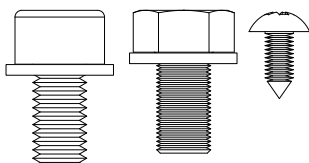
STEP 3 - Attach the **Console Base Assembly** to the **Upright Assembly**. Be sure not to crimp or cut any Cables. **DO NOT FULLY TIGHTEN THE HARDWARE UNTIL INSTRUCTED.** Once attached, connect the Cables from the right **Upright** to the **Console Base Assembly**. It is recommended to have at least 2 people for this step.

WARNING

Be sure to keep fingers away from the ends of the Uprights when inserting the **Console Base Assembly** onto them. Do not pinch any fingers.

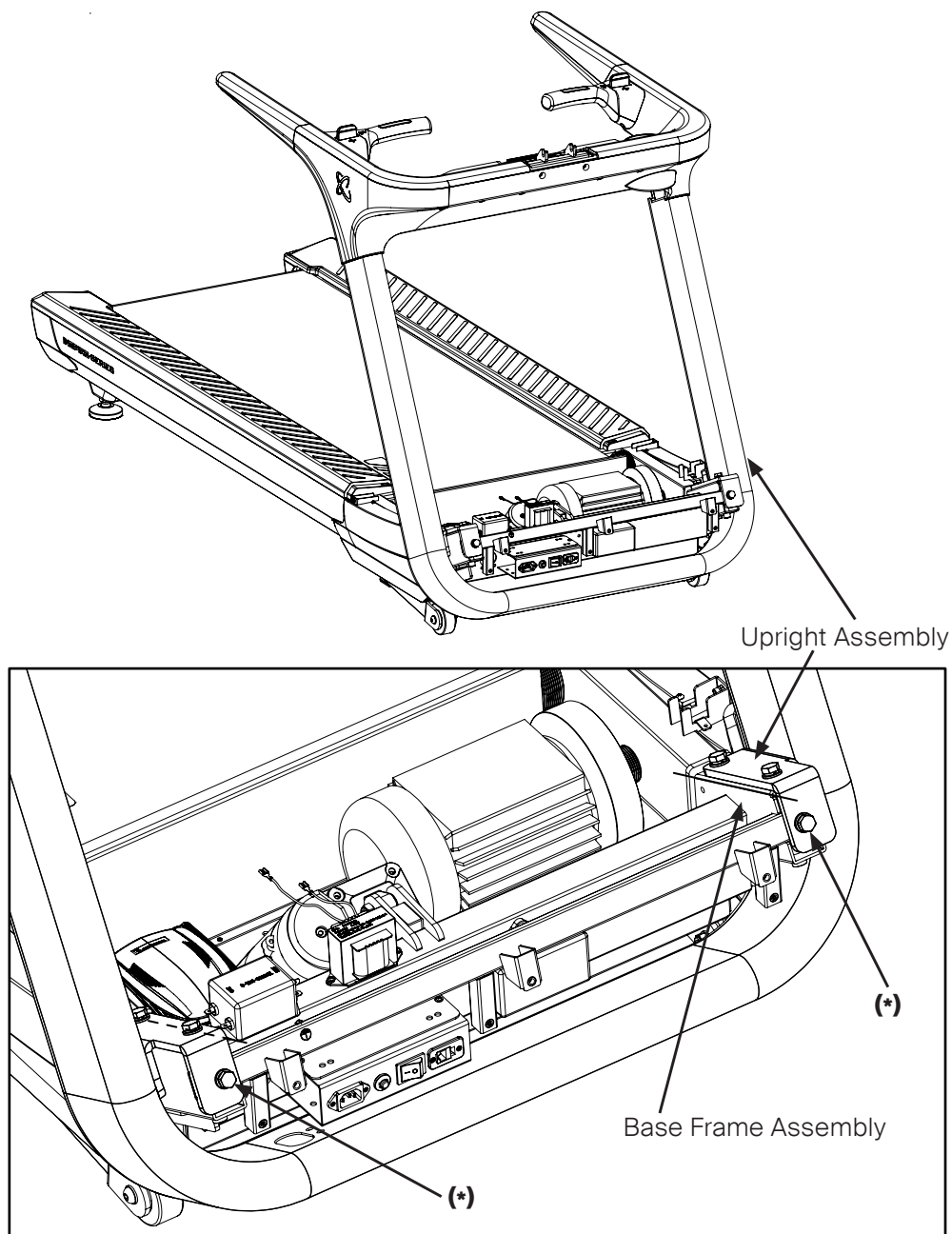


HARDWARE REQUIRED:

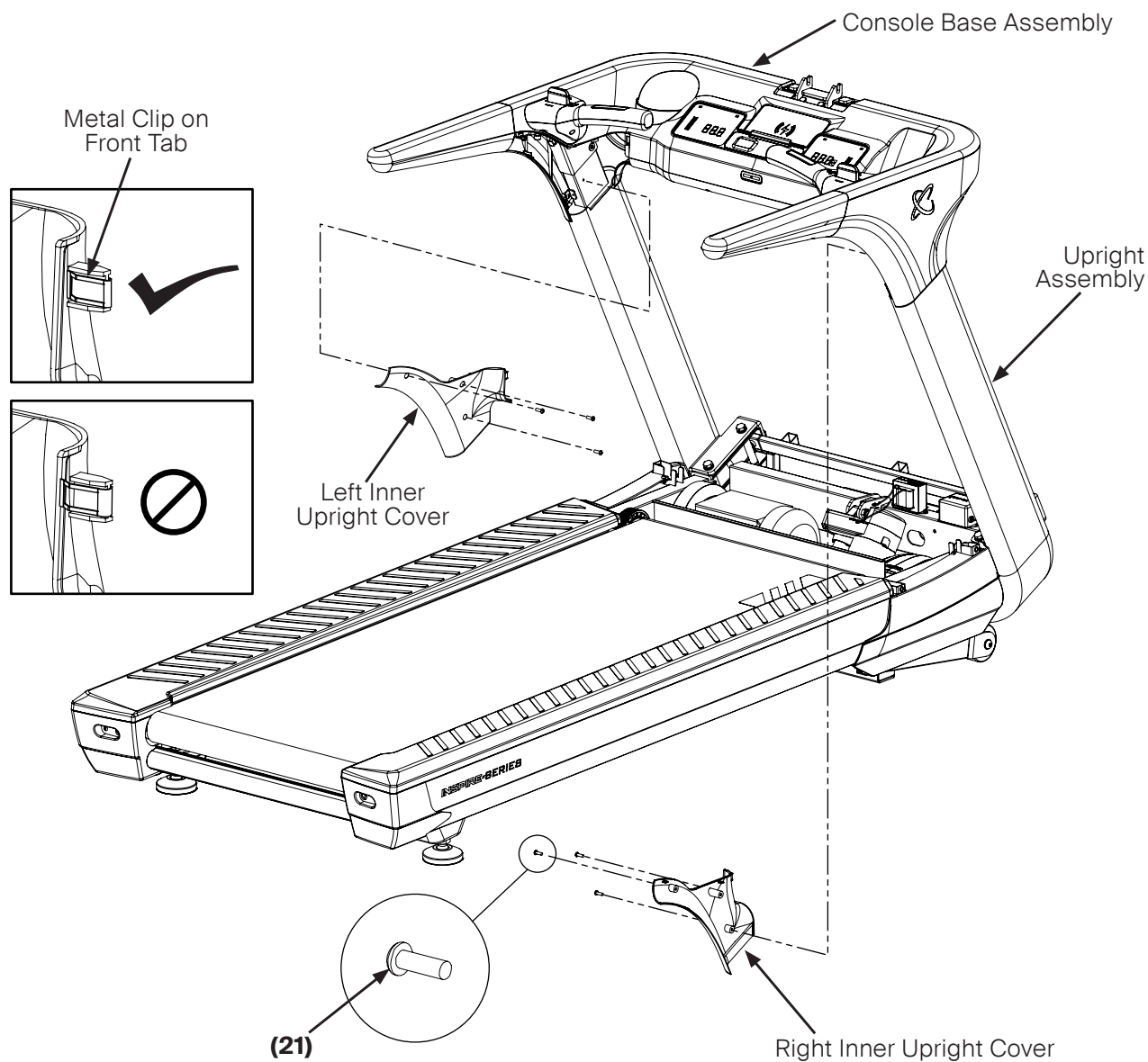


- 4X BOLT, M8X15 (17)
- 6X WASHER, FLAT, 8 (19)
- 2X BOLT, HEX HEAD, M8X15 (18)
- 2X SCREW, 4.2X10 (20)

STEP 4 - Align the edges of the **Upright Assembly** with the **Base Frame Assembly** and fully tighten the front bolts (*) that attach the **Upright Assembly**. THEN TIGHTEN ALL HARDWARE FROM PREVIOUS STEPS being sure that the **Upright Assembly** and **Base Frame Assembly** are still aligned.



STEP 5 - The **Left and Right Inner Upright Covers** have a tab on the front with a metal clip. Be sure that the metal clip on the tab is centered on the tab, and not past the edge of the **Inner Upright Cover** before installing. Slide the tab into the **Console Base Assembly**, and then push the **Inner Upright Cover** into place.

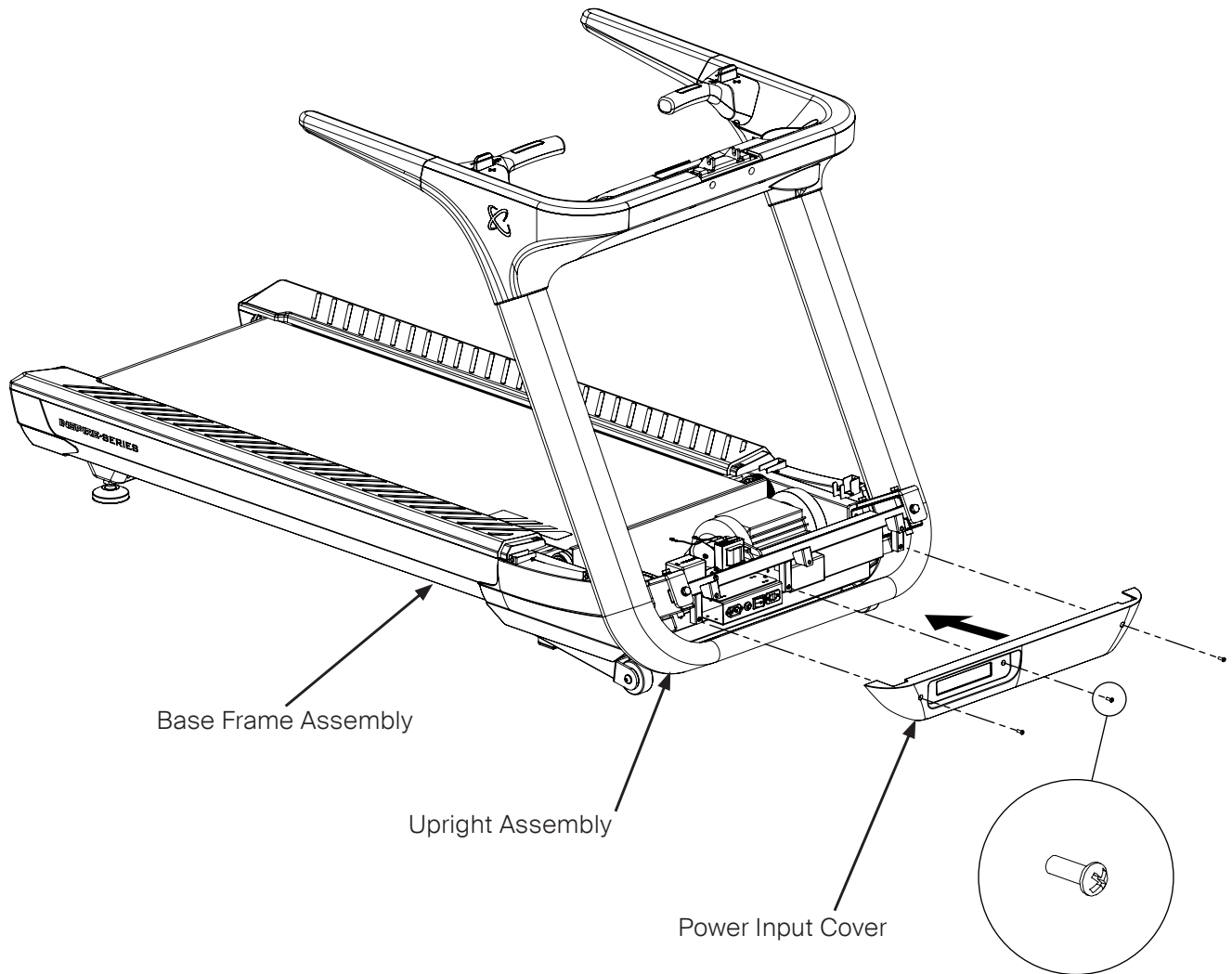


HARDWARE REQUIRED:

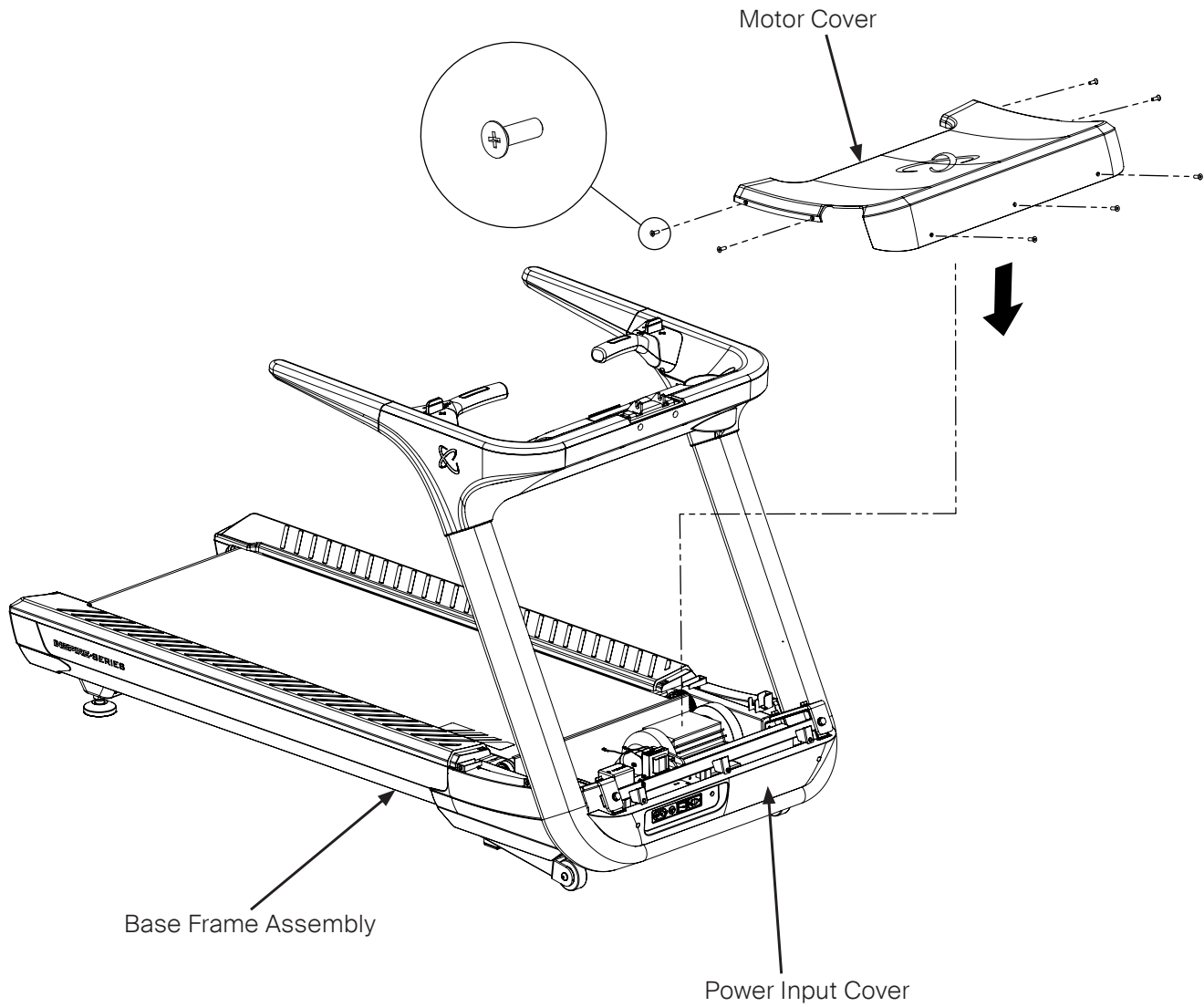


6X SCREW, M5X15 (21)

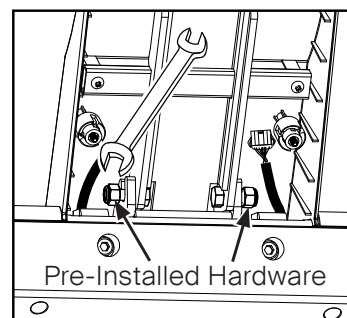
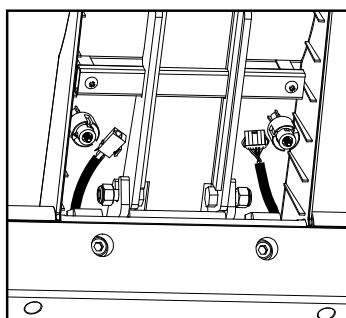
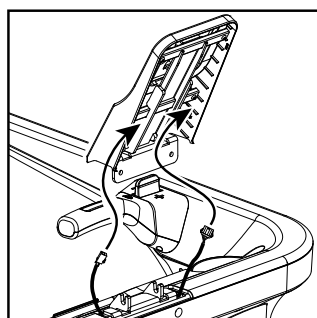
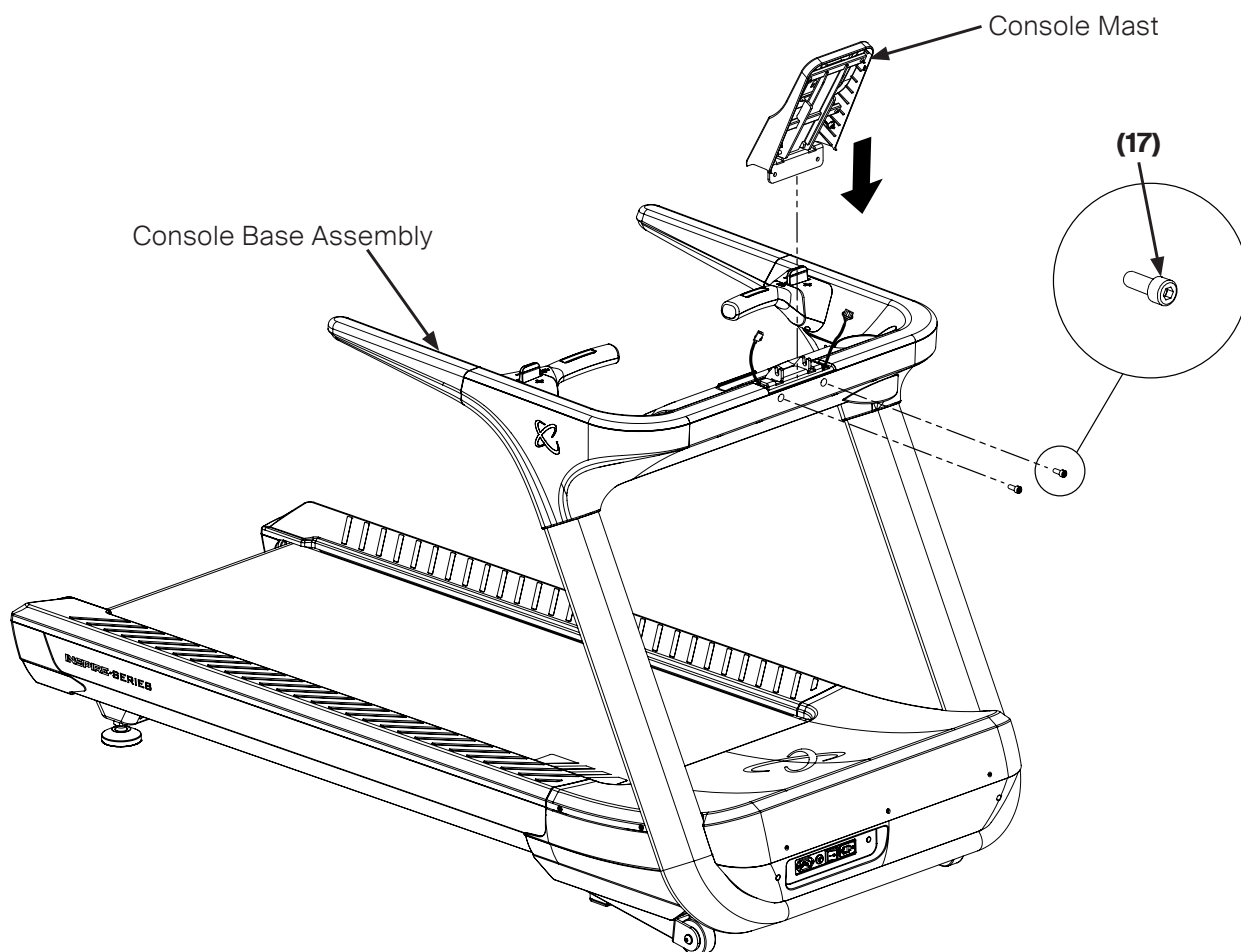
STEP 6 - Re-attach the **Power Input Cover** to the **Base Frame Assembly** with the round head screws removed from the earlier step. DO NOT FULLY TIGHTEN THE HARDWARE UNTIL INSTRUCTED. Be sure not to crimp or cut any Cables.



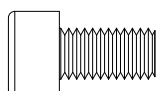
STEP 7 - Re-attach the **Motor Cover** to the **Base Frame Assembly** with the flat head screws removed from the earlier step. The **Power Input Cover** may need to be slightly flexed to properly set the **Motor Cover**. **TIGHTEN ALL HARDWARE FROM PREVIOUS STEPS.**



STEP 8 - Route the Cables up into the **Console Mast** while sliding it down onto the **Console Base Assembly**. Only pull the Cables out enough to route them into the **Console Mast**. Be sure not to crimp or cut any Cables. Attach the **Console Mast** to the **Console Base Assembly**. Then tighten the pre-installed hardware inside of the **Console Mast** to fully secure it to the **Console Base Assembly**.



HARDWARE REQUIRED:



2X BOLT, M8X15 (17)

STEP 9 - This treadmill has the option for a 15.6" Touchscreen (T7S) or a 15" Touch Key LED Display (T7). The assembly steps to attach the **Console Assembly** are in the Console User Manual, supplied along with the **Console Assembly**. If needed, the Console User Manual can be found by scanning the appropriate QR Code.

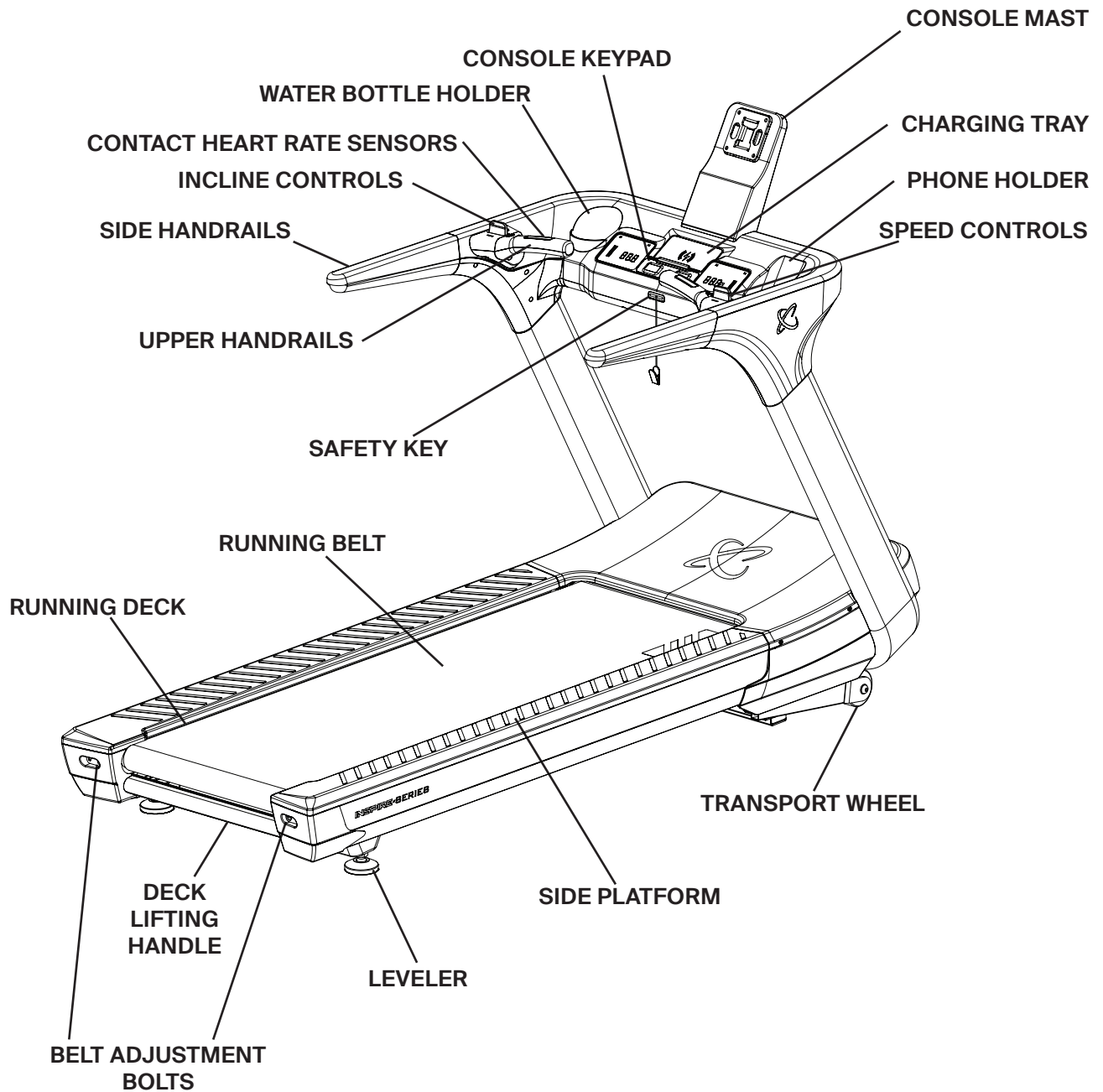


FOR T7S
CENTR INSPIRE SERIES
15.6" TOUCHSCREEN



FOR T7
CENTR INSPIRE SERIES
15" TOUCH KEY LED
DISPLAY

FEATURE OVERVIEW



BEFORE YOU BEGIN

This treadmill is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment.

WARNING

Before using this treadmill, all users must read, understand, and carefully follow all warnings, instructions, and procedures on the treadmill and in this User Manual. The user is required to perform a complete visual inspection, and test of the features and functions of the assembled treadmill prior to use. Inspect all hardware and securing devices to be sure that they are fully tightened, and tighten as necessary.

CAUTION

1. To avoid injury, use extreme caution when stepping onto or off of a moving belt.
2. Changes in speed do not occur immediately. Set your desired speed using the adjustment keys on the console. The speed will increase gradually.
3. While on the treadmill, move with caution as distractions may cause you to lose balance and stray from walking in the center of the belt, which may result in serious injury.
4. The treadmill starts at very low speed. To begin use, hold onto the handrails and stand on the side platforms while it starts up, then step onto the belt once it's in motion.
5. Always hold the handrail when changing settings on the console.
6. When ready to workout, attach the Safety Key and the Power Cord to the machine.

CONSOLE OPERATION

This treadmill has the option for a 15.6" Touchscreen (T7S) or a 15" Touch Key LED Display (T7). Console operations and details are provided in the appropriate Console User Manual supplied along with the Console. If the Console User Manual needs to be found electronically, scan the appropriate QR Code to access the Console User Manual.



FOR T7S
CENTR INSPIRE SERIES
15.6" TOUCHSCREEN



FOR T7
CENTR INSPIRE SERIES
15" TOUCH KEY LED
DISPLAY

CHARGING TRAY

For tech devices that can be charged with wireless charging, the treadmill has a Charging Tray on the Console Base.

USB CHARGING

If a USB device is attached to the USB Port, the Port will attempt to charge the device. The power supplied from the USB Port may not be enough to operate the device and charge it at the same time.

BLUETOOTH® AUDIO FROM DEVICE TO TREADMILL SPEAKERS


Your machine is able to play audio across a Bluetooth® connection from your phone or other Bluetooth audio device through the treadmill speakers. The name of the Bluetooth® audio device is “BT-Speaker”.

1. From your device, scan for available Bluetooth devices from the Bluetooth or Connected devices setting.
2. Tap on “BT-Speaker” to connect to it.
3. Once the device is found, tap on Pair.
4. The “BT-Speaker” is added to the Paired Devices list, and is currently active.
5. Play the desired audio on the device and adjust the volume with the console.

Note: To remove a previously connected or paired device from the list, tap on the icon to the right of the undesired device and select Unpair. The device is removed from the list.

BLUETOOTH® AUDIO FROM THE TREADMILL TO HEADPHONES (T7S ONLY)

Your machine is able to play audio across a Bluetooth® connection to your Bluetooth headphones.

1. With the console active, tap on the Bluetooth  icon.
2. Activate your Bluetooth headphones and put them into pairing mode. Follow the instructions provided by the manufacturer to pair or connect it.
3. Once the Bluetooth headphones are found, the console will list it as an available device.
4. Tap on Connect. The headphones will be connected, muting the speakers on the treadmill.

Note: To disconnect your device, tap on Disconnect from the list of connected devices.

WORKING OUT WITH A FITNESS APP

Your machine is able to connect across a Bluetooth® connection to a fitness app (such as Zwift) running on your device. The app will reflect the current workout, but the speed and incline of the workout will be controlled by the treadmill.

1. Confirm that Bluetooth is active on your device.
2. Open the desired fitness app on your device, and log in to your account.
3. Next, connect the treadmill to the app. On the Zwift app, select the Run tab and tap on “Run Speed” from the Paired Devices screen.
4. The app will search for available devices, and will provide an available list.
5. Tap on “Centr-T7-XXXXXX” to select it.
6. The app will show that it is connected to the treadmill.

The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., and any use of such marks by Centr, LLC, is under license. Other trademarks and trade names are those of their respective owners.

7. Tap OK.
8. Then select a workout and tap Start when ready to workout.
9. Once the workout on the app begins, push Start on the treadmill to begin a Quick Start workout. The app will capture your workout from the treadmill.

Note: If the app does not follow along with the workout, the connection to the treadmill may need to be reconnected. For the Zwift app, tap the lower left side of the screen on your device. Then tap on Menu, and the available options are displayed. Tap on Pair found on the right side of the display. The Paired Devices screen of the app is displayed. Repeat Steps 3-7 to reconnect the treadmill to the app.

BLUETOOTH® HEART RATE

This console will connect to an activated chest strap or any other similar device that uses BLE protocol. With the Bluetooth Heart Rate device providing a heart rate, the console will detect it after approximately 15 seconds. Follow the instructions provided by the manufacturer to connect it to the treadmill.

Note: The console will connect to the first active Bluetooth Heart Rate device that it finds. Be sure to deactivate or remove other Bluetooth Heart Rate devices near the treadmill.

CONTACT HEART RATE SENSORS

Contact Heart Rate sensors send your heart rate signals to the Console. The Contact Heart Rate sensors are the stainless steel parts of the Upper Handrails.

To use, put your hands comfortably around the sensors. Be sure that your hands touch both the top and the bottom of the sensors. Hold firm, but not too tight or loose. Both hands must make contact with the sensors for the Console to detect a pulse. After the Console detects four stable pulse signals, your initial pulse rate will be shown.

Once the Console has your initial heart rate, do not move or shift your hands for 10 to 15 seconds. The Console will now validate the heart rate.

Many factors influence the ability of the sensors to detect your heart rate signal:

- Movement of the upper body muscles (including arms) produces an electrical signal (muscle artifact) that can interfere with pulse detection. Slight

hand movement while in contact with the sensors can also produce interference.

- Calluses and hand lotion may act as an insulating layer to reduce the signal strength.
- Some Electrocardiogram (EKG) signals generated by individuals are not strong enough to be detected by the sensors.
- The proximity of other electronic machines can generate interference.

If your heart rate signal ever seems erratic after validation, wipe off your hands and the sensors and try again.

WARNING

The heart rate displayed is an approximation and should be used for reference only.

MOVING INSTRUCTIONS

Before moving the treadmill, be sure that the Incline is set to 0, the Power switch is in Off position, and the power cord is removed from the outlet and machine.

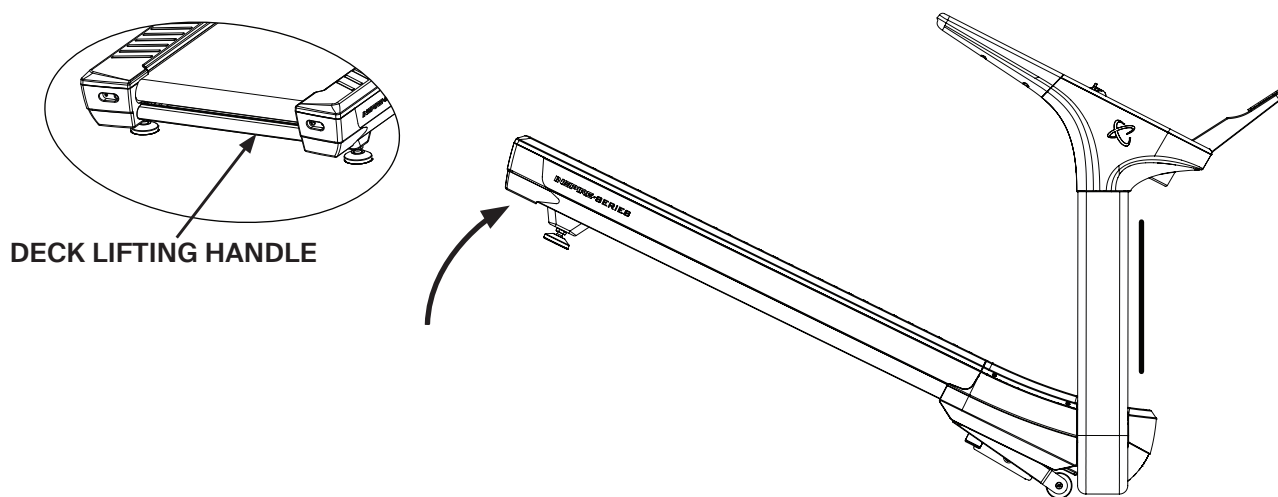
WARNING

The treadmill may be moved by one or more people depending on their physical abilities. Be sure that you and others are all physically fit and able to safely move the machine.

1. Following proper lifting techniques (crouch with your legs and keep your back straight), securely cradle the Deck Lifting Handle found under the Belt with your hands.
2. Lifting with your legs, tilt the treadmill onto the transport rollers. Be sure to only tilt the treadmill until the Uprights are vertical, or damage to the floor may occur.
3. Push the treadmill forward into the new position.
4. Gently lower the treadmill into place.

WARNING

Before lowering the treadmill, be sure that the floor space under the treadmill is clear of any objects.



MAINTENANCE AND CARE

WARNING

The safe operation of the machine can only be maintained when the equipment is regularly examined for damage and wear. It is the sole responsibility of the user/owner to ensure that regular maintenance and inspections for damage and wear are performed. Special attention should be given to components which are most susceptible to wear. Components which are most susceptible to wear are the Running Belt, Running Deck, Rollers, and Side Platforms. Worn or damaged components should be replaced immediately, or the equipment removed from use until the repair is made. Inspect all bolts, nuts and any other securing devices to be sure that they are fully tightened and that the machine is properly assembled and in a safe condition. All warnings and instructions must be read and followed prior to use.

General cleaning will help prolong the life and performance of the treadmill.

- Keep the treadmill clean and maintained by dusting the components on a regular basis.
- Clean the side platforms and the visible portion of the running deck to prevent debris from accumulating underneath the running belt. Debris under the running belt will degrade the performance and prematurely wear out the running belt and deck.
- Keep your running shoes clean so that debris does not accumulate underneath the running belt.
- Clean the surface of the running belt with a clean damp cloth.
- Regularly inspect the product for loose hardware.
- The moving parts should turn freely and quietly. Abnormal moving parts will affect the safety of the equipment.
- To prolong the treadmill life, it is suggested that the product be powered off for at least 10 minutes for every 2 hours of use.
- Power off the treadmill when not in use.
- It is recommended to place the treadmill on a qualified treadmill mat that is slightly larger than the treadmill base. This will help protect your product from accumulating dust, debris and carpet fibers which can affect the performance and longevity of your treadmill.

SCAN THE QR CODE TO DOWNLOAD THE SERVICE MANUAL:



80325-EN

ADJUSTING THE RUNNING BELT

The running belt is properly adjusted at the factory but may loosen or change over time. It is important to properly adjust the running belt so it has the right tension and is centered on the deck, without drifting to one side.

RUNNING BELT TENSION

To check the running belt tension, pull up on the running belt in the middle of the running surface, and the running belt should lift off the running deck between 2-3 inches. If the running belt is too tight, this will negatively affect the motor's performance and also create more friction between the roller and running belt. When the running belt is too loose, it may not move smoothly with the motor.

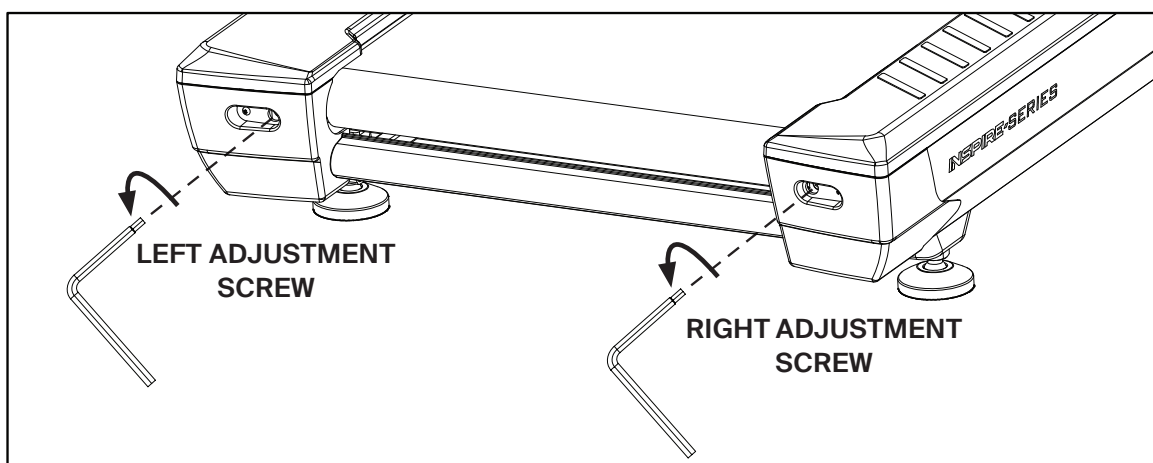
RUNNING BELT CENTERING

To check the centering of the running belt, set the Incline to 0 and set the Speed to 3.0 mph. Watch the belt to see if it moves all the way to the left or right on the running deck. If properly centered, the belt should be centered on the running deck and the side platforms. If the running belt is not properly centered, this will cause premature running belt failure.

To adjust the running belt tension or centering, use the included Allen wrench and use this table to know which adjustment screw to turn. Repeat the steps given in the table until it is properly adjusted.

BELT ADJUSTMENT	LEFT ADJUSTMENT SCREW	RIGHT ADJUSTMENT SCREW
TOO TIGHT	1 TURN CCW	1 TURN CCW
TOO LOOSE	1 TURN CW	1 TURN CW
SHIFTED TO THE LEFT	1/4 TURN CW	1/4 TURN CCW
SHIFTED TO THE RIGHT	1/4 TURN CCW	1/4 TURN CW

CW =CLOCK-WISE CCW = COUNTER CLOCK-WISE



LUBRICATING THE RUNNING BELT

IMPORTANT NOTE: The pre-lubricated running belt on this treadmill should run approximately 5592 miles (9000 km) before the belt and deck need to be inspected for lubrication.

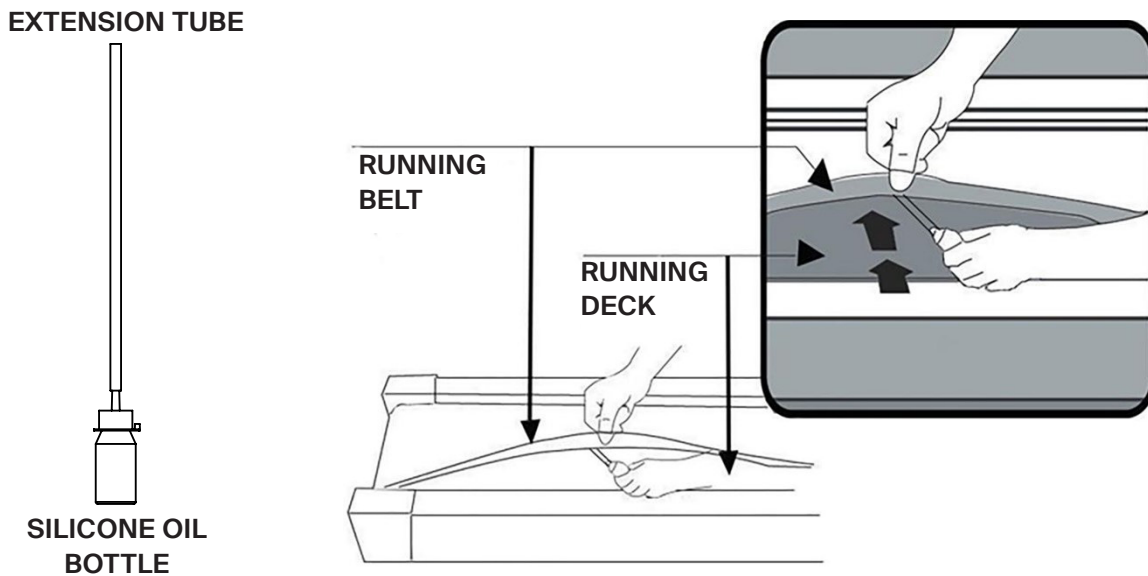
After the initial break in period, lubricating the running deck and belt is essential as the friction between the two affects the life span and function of the treadmill. Therefore, it is suggested the running belt and deck be inspected regularly. Use the Recommended Lubricant Schedule below after the initial break in period.

WARNING

Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

Follow these instructions to lubricate the running belt and deck:

1. Attach the extension tube to the bottle of lubricant. This extension tube allows you to evenly apply lubricant across the entire width the of the running belt and deck.
2. Raise the running belt up on one side and evenly apply lubricant across the width of the running deck. Ideally, the lubricant should be applied where the feet contact the deck when running, as this is where it is most needed. Use a rag to thoroughly wipe the lubricant over the running deck. Repeat this process to the other side.



RECOMMENDED LUBRICATION SCHEDULE	
LIGHT USE (LESS THAN 3 HOURS / WEEK)	EVERY 6 MONTHS
MEDIUM USE (3 - 5 HOURS / WEEK)	EVERY 3 MONTHS
HEAVY USE (MORE THAN 5 HOURS / WEEK)	EVERY 2 MONTHS

TROUBLESHOOTING

When the treadmill electronics detect a problem or a potential problem, the HR window in the center of the console keypad will display one of the Error Codes in the following table.

WARNING

Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

ERROR CODE	POSSIBLE SOLUTION(S)
E01H - Low Voltage Disconnect During Operation	<ol style="list-style-type: none"> 1. After a power outage, wait 1 minute and then restart the power. 2. Check if the power plug, socket, and switch connections are loose. 3. Check if the power supply voltage is too low. 4. If the issue cannot be resolved, please contact customer service.
E02H - Temperature Sensor Error	<ol style="list-style-type: none"> 1. Turn off the power for 1 minute, then turn it back on and restart the treadmill. 2. Check if the NTC plug connection on the inverter is loose. 3. If the issue persists, please contact customer support for repair.
E04H - Output Overcurrent	<ol style="list-style-type: none"> 1. Turn off the power for 5 minutes, then turn it back on and restart the treadmill. 2. Check if the load is too heavy. 3. Check if the running belt needs lubrication, if the running belt is severely worn, or if there are any abnormalities in the transmission mechanism (such as the rollers). 4. If the treadmill does not return to normal, please contact customer service.
E06H - Inverter Overvoltage	<ol style="list-style-type: none"> 1. Confirm if the power supply voltage is normal. 2. Turn off the power for 1 minute, then turn it back on and restart. If the treadmill does not return to normal, please contact customer service.
E08H - Ground Fault	<ol style="list-style-type: none"> 1. Turn off the power for 1 minute, then turn it back on and restart. 2. Confirm that the motor and motor wires are properly insulated. 3. Ensure the load is within the design range. Check if the running belt needs lubrication, if the running belt is severely worn, or if there are any abnormalities in the transmission mechanism (such as the rollers). 4. If the issue persists, please contact customer service.
E09H - Inverter Overheating	<ol style="list-style-type: none"> 1. Improve ventilation in the equipment space and clean the heat sink of the inverter. 2. Return to the factory to replace the cooling fan of the inverter (the fan starts when the inverter reaches 50 degrees Celsius). 3. If the issue persists, please contact customer service.

WARNING

Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

ERROR CODE	POSSIBLE SOLUTION(S)
EOAH - Motor Overload	<ol style="list-style-type: none"> 1. Confirm if the load is too heavy. 2. Check if the running belt needs lubrication, if the running belt is severely worn and needs replacement, or if there are any abnormalities in the transmission mechanism (such as the rollers).
EOBH - Inverter Overload	<ol style="list-style-type: none"> 1. Confirm if the load is too heavy. 2. Check if the running belt needs lubrication, if the running belt is severely worn and needs replacement, or if there are any abnormalities in the transmission mechanism (such as the rollers).
E0CH - System Overload	This function is disabled by default (F-040 = 0).
E0DH - Motor Disconnection Detected	Check if the connection wires and connectors between the motor and the inverter are loose, and ensure the motor is connected.
EOEH - Inverter Brake Chip Overload	Turn off the power for 2 minutes, then restore power. If the treadmill still does not start, please replace the inverter.
E21H - Flash Program Fault	Turn off the power for 2 minutes, then restore power. If the treadmill still does not start, please replace the inverter.
E22H - Lower Control EEPROM Fault	Turn off the power for 2 minutes, then restore power. If the treadmill still does not start, please replace the inverter.
E23H - Low Voltage Display	<ol style="list-style-type: none"> 1. Confirm if the input power supply voltage of the inverter is normal. 2. Check if the connection between the power socket and plug is loose.
E25H - Emergency Stop	Check if the 2-pin wires at both ends of the bottom console and the controller are properly connected.
E26H - Driver Setting Error	Turn off the power, then turn it back on and reset the settings.
E27H - Input Low Voltage	Confirm if the input power supply voltage of the inverter is normal.
E28H - Input High Voltage	Confirm if the input power supply voltage of the inverter is normal.
E29H - High Temperature Display	This function is disabled by default (F-070 = 0).
E5 - Elevation Adjustment Fault	<ol style="list-style-type: none"> 1. Check if the VR (voltage regulator) wire for the lifting mechanism is properly connected. Reconnect and adjust if necessary. 2. Lightly touch the lifting motor to see if it is hot. If it is too hot to touch, avoid adjusting the lifting mechanism or turn off the power for about 5 minutes. Wait until the lifting motor returns to normal temperature before turning the power back on.
CALIBRATION FAILURE - Elevation Learning Fault	<ol style="list-style-type: none"> 1. Check if the VR (voltage regulator) wire for the lifting mechanism is properly connected. 2. Reconnect it properly, then recalibrate (contact customer service).

WARNING

Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

ERROR CODE	POSSIBLE SOLUTION(S)
EMERGENCY STOP - Safety Switch Error	<ol style="list-style-type: none">1. Check if the safety switch button operates smoothly and freely.2. Check if the connection wires and plugs for the safety switch are loose or disconnected.3. Check if the safety switch board is damaged.4. Check if the LED panel board is damaged.5. Check if the connection wire from the LED panel board to the inverter is loose.
CONNECTION ERROR - Top and Bottom Consoles Connection Error	<ol style="list-style-type: none">1. Check if the wires between the top console and bottom LED console are loose or disconnected.2. Check if the contact between the bottom LED console and the wiring at the lower end is good.3. Check if the top or the bottom console is damaged.4. Turn off the power for 2 minutes, then restore power.
E50H - Bottom Console and Controller Connection Error	<ol style="list-style-type: none">1. Check if the wires between the lower-level controller and the main controller are loose or disconnected.2. Check if the main controller is damaged.

CENTR